



U3A Seymour & District Inc
Chittick Place, Pollard St, Seymour

Web: www.u3aseymour.org.au
Facebook: Uthreea Seymour

President
Irene Telford

Secretary
Jo Gooden

PO Box 767, Seymour 3661

Office Phone: 0448 153 572

Email: seymu3a@gmail.com

NOTICEBOARD

May 2023

President's Message

Less than two months before the end of Semester 1. Isn't 2023 flying fast? This draws my attention again to the 2nd semester and what new programs we could add. Another reminder that if you have the slightest yearning to present a class give me a call (0425 755 093), or talk to any of the other committee members. I am putting myself on the front line by offering to run a 4-session class on the brain, from brain basics, memory training, developing creative skills, to touching on recent neuroscience discoveries. I am passionate about this topic and it will keep my brain cells fired up and be lots of fun, I promise!

You will have noticed that [Melting Pot](#) is on the 3rd and not the usual 1st Tuesday of the month. We did that because half the committee will be away for one reason or another on the 2nd of May and we think it really important that as many people as possible are at an event where we have arranged a guest speaker. See the attached flyer for more information.

Enjoy your classes and the last of the warmer weather!

Get to know Your Secretary

Since taking on the role of secretary this year, I'd like to take the opportunity to introduce myself to the U3A community.

I moved to Seymour in 1982, with my husband and two children, when my husband got a teaching position at Seymour Primary School. We had a third child once we moved here, our only local!

I was a teacher myself, spending 16 years at St. Mary's, then 16 years at St Patrick's Kilmore and 2 years at Our Lady of the Way Wallan East, before retiring at the end of 2019.

I now enjoy helping out in the canteen at St Marys, where two of my grandchildren go to school.

I think it is important to be an active participant in the community. I have volunteered at the Visitor Information Centre for many years and also spent some time on the Seymour We Want committee.

I was excited to join U3A upon retirement, unfortunately COVID had other ideas!

My husband and I enjoy travel and will continue that pursuit while we still can.

I am looking forward to helping Seymour U3A to be the best it can be. Like Irene, I would love to know if there is anyone who has any ideas for our U3A.

We are all here for its success and growth.

Reports from Groups

Book Group

At our April Book Group meeting on the 17th we discussed “The Hunter’s Wife” by Katherine Scholes. Most members agreed that they enjoyed the novel and read it very quickly. They especially enjoyed the author’s description of the African landscape. The novel also gave us an insight into the workings of an American film crew. We all felt that the ending was not satisfactory.

Our novel for May is “The Light Between Oceans” by M.L. Stedman. It is set in 1926 on a remote island off the Western Australian coast. The young lighthouse keeper and his wife are the only inhabitants of Janus Rock and live a quiet life cocooned from the rest of the world. One morning a boat is washed ashore carrying a dead man and a crying baby. The path of the young couple’s lives hits an unthinkable crossroads. A moving tale with a moral dilemma. It is also a movie available on DVD.

Our group is growing in numbers with 2 new members this year and a potential new member next month.

Jenny Moran 0437022301

Jessica’s Corral

Once again, we have enjoyed our singing sessions every fortnight in the Anglican Church Hall Seymour. Jessica has introduced some catchy new rounds and has made it her mission for us to learn the Beatles “When I’m Sixty-Four”. What a challenge for us all! Thanks Jessica for your dedication to having us sing in harmony each session.

Jenny Moran 0437022301

Potted History

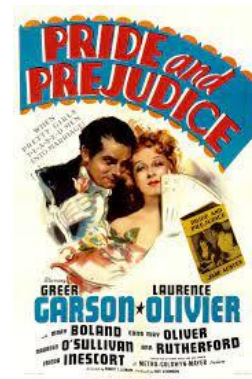
Our April excursion was within Seymour, for a change. We inspected all the buildings that had blue plaques on them. The blue plaques indicate that someone of historic importance lived in the building or that the building itself was of historical importance.

Thursday Matinee

In the early 19th century in the English village of Meryton, the arrival of wealthy bachelors, most notably Mr. Darcy (Laurence Olivier), stirs up the families with single daughters. Among those is the Bennet family, with five eligible daughters, including the spirited Elizabeth (Greer Garson) and her pretty older sister, Jane (Maureen O’Sullivan). As Mrs. Bennet (Mary Boland) aggressively tries to pair off her girls, Elizabeth crosses swords with the imperious Darcy.

Director: Robert Z. Leonard

Producer: Hunt Stromberg



Travellers

May 25th

Off to the Pictures!

Kino, Melbourne

This is a train trip to Melbourne heading for the Kino with its range of films to choose from!

A fun day! Meet at the station at 8.00am ready to catch the 8.16am train.

Contact for both outings:

Nola Hutchins

nolahutchins@gmail.com

Narielle Ware

peasmcmedia@gmail.com

Also remember: PLEASE LET NOLA OR NARIELLE KNOW IF YOU ARE OR ARE NOT COMING THIS THURSDAY.

All notices for the next Noticeboard need to be emailed to U3A
(seymu3a@gmail.com) **and** Heather (123hbee@gmail.com) on or before

May 24th

If you have any photographs of any activities, or busy groups, please email them to
U3A **and** Heather.

Noticeboard will be sent out on **May 29th.**

U3A Online Courses

I have included a list of U3A Online Courses. We have, over the past 10 years or so, done a few of these courses:

Australian History 1: Prior to Federation

Australian History 2: Post Federation

Antarctica

A B (Banjo) Paterson - A study of his works, life and times

Henry Lawson - A study of his Work, Life and Times

Train Your Brain

Everything you require for each session is provided for you. You may, of course, add more if you wish. These courses are a wonderful way of easing yourself in to presenting a course in which you may be interested. Members of the committee are prepared to help you, including Heather who has presented most of these courses herself and her advice is: give out the notes before the meeting, allow the participants time to read the notes, spend the meeting discussing what they discovered in the reading. There is no "lecturing" or "teaching," just guided discussion which I feel that most U3A participants are good at anyway. Please look at the list and see what you would like to learn about and there will probably be others who would like to learn about the same topic.

You can also work with someone else to co-present a course. Most courses are about 6 – 8 sessions long.

Also, if there is a course that you would like to do but do not want to be the leader let someone on the committee know. If there are enough people interested in the same course, we may be able to organise a leader.

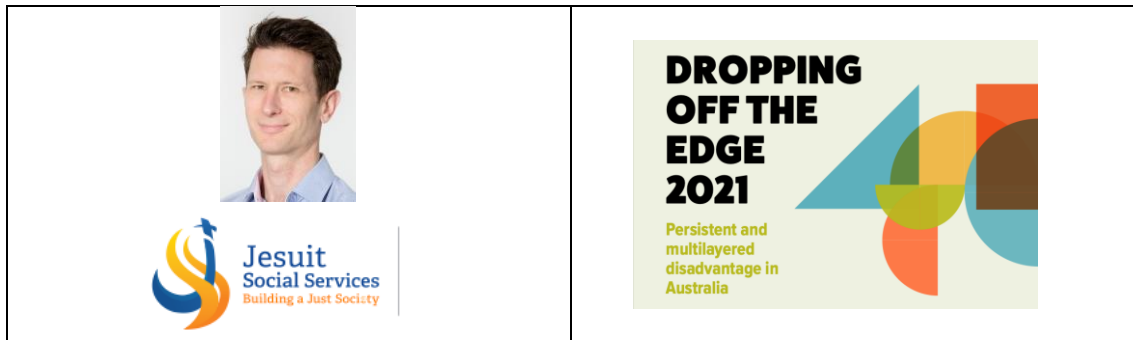
After the Antarctica course Bob Brown arranged for one of his friends to do a Melting Pot presentation. This friend had just returned from a "back to" cruise to the Antarctic. It was a very interesting presentation.

Melting Pot

Is Seymour-Dropping off the Edge???

Tuesday, May 16th 1.30pm - 3pm

Chittick Park Community Place, grey building to the right of the Seymour Sports & Aquatic Centre – All Welcome & afternoon tea provided



In 1999 a Jesuit Report showed that Seymour was the 10th most disadvantaged town in Victoria. The community rallied, grants were obtained and amazing things were achieved. In 20 years, we moved from a highly disadvantaged town, to off the list, and now we've slipped back onto the disadvantaged list.

How did we achieve the great results?

How come we have slipped back?

What now?

Andrew Yule is the General Manager of Strategic Communication and Engagement with Jesuit Social Services and he is here to give us a reality check on the latest data, share the elements that are common to “disadvantaged” towns and open up an opportunity to take action.

Independent Study Courses

WORLD AFFAIRS AND HISTORY

~~Australian History 1: Prior to Federation~~

~~Australian History 2: Post Federation~~

British Society in the Early 18th Century

China in Transition: From Mao to Now (2011)

Domestic History

Droving and Herding around the World

History of Castles

History of Espionage 2

History of Espionage 3

History of Espionage 4

History of Espionage 1

Kings and Queens of England

Left, Right or Centre: A very brief Introduction to

Political Ideologies

Property to Partner - A history of women's struggle
for equality

Religions of the World

Renaissance Italy

The Battle for Australia 1942-43

The Great Transformation

The Romans

The Shakespearean Canon Mystery

NATURE

~~Antarctica~~

Australian Flora

Botany: the Study of Plants for Enjoyment

Continents on the Move

WRITING AND CREATIVITY

~~A B (Banjo) Paterson - A study of his works, life
and times~~

Autobiography and Journalling

Basic English Grammar

English Poetry from Chaucer to Ted Hughes

Genealogy Online

~~Henry Lawson - A study of his Work, Life and
Times~~

My Life Story

Online Latin

Shakespeare's Histories

Shakespeare: Rediscovering the Bard

Skills for Using the Media

Storytelling with Pictures

The History and Spread of the English Language

The History of Mystery

Unleashing your Creative Spirit

Writing Family History

Writing for Pleasure

LIFESTYLE

Ageing and Retirement

Anunnaki

Design in Your Life

Food for Thought

Introduction to IT Skills

Introduction to Western Philosophy

Maintaining Independence

Myths and Legends

Photography - Improving Your Camera Skills

Play Ukulele by Ear

Practical Psychology for Relationships

The Shaping of the Modern Mind

Thoreau Emerson and the Conduct of Life

Towards Utopia

~~Train Your Brain~~

What is Wisdom?

SCIENCE

Astronomy

Climate Change

Geometry - Different Worlds - Different

Geometries

Human Biology

Maths - Number Theory

Modern Science - Part 1

Modern Science - Part 2

Modern Science - Part 3

Modern Science - Part 4

Modern Science - Part 5

Resources for the Future - Renewable and Non-

Polluting

The Dinosaurs

The Evolution of life on Planet Earth

The Night Sky

The Northern Sky

The Story of Science 1 - The Emergence of Natural

Philosophy

The Story of Science 2 - The Science Disciplines

The Story of Science 3 - The Physical Sciences

since 1800

The Story of Science 4 - Astronomy and the

Behavioural Sciences since 1800

SHORT COURSES

A Selection of Australian Poetry

Afghanistan

History of Education

History of Marriage

Picnic at Hanging Rock - a film and novel short
course

Short course Geometry Different Worlds - Different
Geometries

The Night Witches

The Short Story in Literature

Line through means the course has already been done.