



U3A Seymour & District Inc
Chittick Place, Pollard St, Seymour

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NOTICEBOARD

April 2023

President's Message

It has been suggested that the first thing I do as President is to introduce myself! In one sense I am a newbie to Seymour as we, that is my husband John and I, came here only 10 years ago. Family and community are very important to me and Seymour provides me with both. My eldest son and his family live here and the opportunity to be involved in community abounds. I have been Treasurer of The Seymour We Want for the past 8 years and, recently, retired from the same position with BEAM, the Mitchell Shire Environment group. I also have a passion for learning, hence my "past life" as a Pre-School Director and my current involvement with U3A. A few years ago I led a Meditation class and now I attend the one that John leads.

The first plan I have for U3A is to facilitate a committee where we each find a role that fulfils us, where we can contribute our diverse skills, and learn a bit more along the way.

I am delighted to see Melting Pot reinvigorated and I am clear that our speakers from BlazeAid (April 4th) and the Jesuits' report "Dropping off the Edge" (May 2nd) will provide knowledge, and an opportunity to broaden our horizons. They both have direct application in Seymour; BlazeAid, in relation to the 2022 flood damage, and DOTE, to the transformation of the "disadvantaged" reputation that our town has had. Our guest speakers are going out of their way to provide for us and having a great attendance honours the effort they make. We look forward to your attendance.

We hope to provide some new classes in the Second Semester and would be delighted to hear from anyone who would like to discuss ideas they might have. Remember that if you find it too daunting to run a class on your own, how about pairing up and sharing the tutor role? I am always amazed by the resources that we have amongst our membership.

If you have other ideas that would make our U3A even better, let a committee member know ASAP.

Thanks again to all the tutors. Appreciate and love them up! They are our "life blood".

Irene Telford 23/3/23

General Notes

It has been a practice of U3A Seymour that new members may attend two sessions of a group of interest before making the commitment to paying for a membership. This does not include Melting Pot which has always been open to all members of the community to attend as often as they wish. If you have a visitor and they would like to come along for a look-see then they are welcomed to do so. We encourage you to bring a friend to some of the sessions you attend. It may whet their appetite to come for more!

Accident Procedures

One of the Potted History participants had a nasty accident when we were in Violet Town. After a discussion with Irene, I have been asked to include the following points in this Notice Board for all participants and leaders to read and act upon.

- All leaders should have with them a list of all their group participants and their emergency contact numbers.
- For all those members who have U3A name badges these should be worn with their emergency contact numbers on the badges. The printing of updated name badges has been an agenda item at the last two committee meetings. All members will be provided with new badges very soon.
- Participants are covered by insurance as long as they are within Chittick Park (Mitchell Shire insurance), in any building (the insurance of whoever owns the building), and travelling on Public Transport.
- Leaders are covered by U3A insurance but participants are not.

Reports from Groups

Garden Matters

On Wednesday 15th March the Garden Group visited Anna's garden in Seymour. Having occupied the property for 12 months, Anna explained this past year had been spent tidying the garden, moving plants and trees and cutting back the undergrowth. Anna took the group on a tour of her garden and discussed her plans to move a couple of the vegetable wicking beds to take more advantage of the sun.

The group discussed the challenges of gardening under mature native and European species of plants and trees, and identifying mystery plants and seedlings that appear in the garden. Anna said that it was difficult to keep enough water up to plants during dry weather and providing privacy from the road at the front of the property. Group members shared suggestions and ideas to try to assist Anna with these problems.

After our tour the group adjourned to the house for a welcome cuppa, cake and chat. Thanks again Anna for a great tour of your garden and your generous hospitality.

Next Meeting 19 April will be held at Joan's garden in Seymour, details will be forwarded directly to registered members shortly.

Pam

N.B. Dawn's mystery plant has been positively identified as a Moth Vine/Plant. Araujia sericifera, all parts of which are poisonous.

The Garden Group is a group of like-minded people who are willing to share their experiences and knowledge of garden matters, e.g. seed raising, pruning, composting, soil, plants, trees etc. Generally, a love of gardening.

If you wish to join this group, please contact the U3A office at Chittick Park Seymour by phone 0448 153 572 or visiting during office hours 10 – 12 Mondays.

Jessica's Corral

Our Singing group have rejoiced in being able to sing together again in the Anglican Church Hall. We have met twice and the singing has been uplifting. Jessica knows just how to get the best out of our group and has introduced some interesting new rounds. We all look forward to our Monday singing sessions. Thanks, Jessica, for your enthusiasm and commitment.

Book Group

Our March book "Cairo" by Chris Womersley provoked a lively discussion at our recent meeting. Most of us thought it was an interesting book set in 1986 in a rundown Fitzroy apartment block named Cairo. Seventeen year old Tom moves to his recently deceased aunt's apartment to embark on a university course. He meets an eccentric group of artists and bohemians and is introduced to another world. He becomes involved, among other things, in the theft of the famous Picasso's "Weeping Women" from the NGV (a real event). The ending has a twist in the tale.

Our April book is "The Hunter's Wife" by Katherine Scholes. Set in East Africa, Mara is married to John, a big game hunter. A Hollywood movie crew arrives to film on location and this could be the hunting lodge's salvation. The novel explores a young woman's struggle to reconcile duty and desire. It sounds like a good read.

Luncheon Club

On Thursday 9th March 16 members of the group met at the Trawool Shed, Trawool for a very enjoyable, if noisy, luncheon. Many thanks to Ginny and John Jennings for hosting this month's lunch. On the 13th April we will be getting together again at the Tooborac Hotel and Brewery, 5115 Northern Highway, Tooborac. Our host for this lunch will be Terry Flynn.

Could members please advise Terry on 0419 529 960 by Monday 10th April whether they will be attending or not.

Margaret Flynn

Meditation

We have been having 5 people turning up for meditation on Thursdays. More are welcome and you don't have to come every session.

We have had positive feedback from the group re taking on meditation apps on their phones. In our very busy life, taking space is valuable.

Just breathe ...

John Stares

Melting Pot

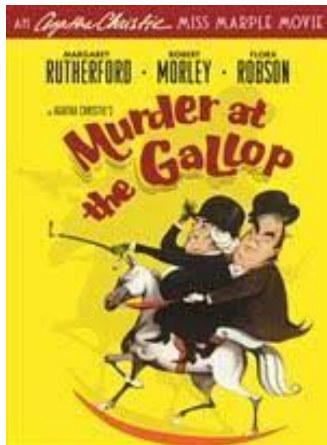
April 4th at Chittick Place. A speaker from BlazeAid will introduce many of us to the work of BlazeAid. There is a flyer at the end of this Notice Board or use the hyperlink on "Melting Pot."

Potted History

We had an interesting and informative time at Violet Town. We visited the site of the crash in 1969 and were amazed that not more people were killed. Then we went to the Southern Aurora Memorial Park where one of our members was injured. Luckily, we had a vet (I've got my stitching kit with me if wanted!) and a nurse (very good at applying a pressure bandage). It left a dampener over the rest of the day but, fortunately, the patient is recovering well. Many thanks to Bernie for his wonderful help and quick thinking.

Next month we are staying in town and looking at all the blue plaques that are on many buildings throughout town. A member of U3A Seymour, John Jennings, wrote them all.

Thursday Matinee



Murder at the Gallop (1963) is the second of four Miss Marple films made by Metro-Goldwyn-Mayer. It was based on the 1953 novel After the Funeral by Agatha Christie, and starred Margaret Rutherford as Miss Jane Marple, Charles "Bud" Tingwell (yes, the Bud Tingwell) as Inspector Craddock and Stringer Davis (Rutherford's husband) as Jane Marple's friend Mr Stringer. The film changes both the action and the characters. The original novel featured Hercule Poirot rather than Miss Marple, and Christie's trademark suspense was enhanced by light comedy. Miss Gilchrist from the original novel has also morphed into Miss Milchrist. The film also stars Robert Morley and Flora Robson and was directed by George Pollock, with James P. Cavanagh credited with the adaptation. The music was by Ron Goodwin. The film's location shots included Amersham, Little Marlow and Hilfield Castle.

Travellers

On Thursday 23rd March a few chatty Travellers met for our road trip to Yea. On arrival in Yea we had a welcome cup of coffee and cake at Marmalades before heading off for bargain hunting and shopping. We had a brief look at the wet lands, which were very wet and then headed to lunch at the hotel by the river.

Leaving Yea we detoured via the local plant nursery and selected speciality plants before heading home. A wonderful day with lovely travelling companions and looking forward to our next adventure.

Our April travelling will be to MOVE (Museum Of Vehicular Evolution) Museum in Shepparton. We are meeting at Chittick Park at 9am and carpooling from there. MOVE also includes; The Furphy Museum, The Farren Vintage Bicycle Collection, The Dick Clayton Collection of gramophones, telephones, and radio, and the extraordinary Loel Thomson Costume Collection. The collections are displayed in a contemporary and interactive exhibition space.

Remember: If you have a partner or friend who would like to go with you on this excursion, but is not a member of Seymour U3A, he/she may attend two excursions before being asked to become a member.

Organisers: Nola (0400 015 550) and Nariel (0408 369 14). By April 24th, please phone Nola or Nariel, or Marnie, to let them know that you are/are not attending. So much easier if the leader knows that you are coming or not.



The May excursion will be to Melbourne to see a film. Don't forget to wear your name badges, if you have one.

From the Royal Historical Society of Victoria

- Law and Order Under La Trobe: the First Prisons of Port Phillip

Tuesday April 18 at 6pm

Speaker: Dr Ashleigh Green

Cost \$35

Hybrid event: in person or via Zoom

<https://www.historyvictoria.org.au/event/an-investigation-into-the-first-purpose-built-penal-and-psychiatric-institutions-in-the-port-phillip-district-and-colony-of-victoria-during-the-la-trobe-administration-1839-1854/>

- Thomas Bent., Francis Bradford and Electric Tramways in Melbourne 1904 – 1909

Thursday April 20th at 6pm

Cost \$10/\$20

Hybrid event: in person or Zoom

<https://www.historyvictoria.org.au/event/thomas-bent-francis-bradford-and-electric-tramways-in-melbourne-1904-1909/>

- Finding Places: Heritage and Local History Resources in the National Archives

Monday May 15th 10am-11am

Free

Zoom only

<https://www.historyvictoria.org.au/event/finding-places-heritage-and-local-history-resources-in-the-national-archives/>

- Lessons from History: Colonial Foundations of Criminal Justice in Victoria

Tuesday May 16th at 6pm

Cost: \$10/\$20

Hybrid event: in person or Zoom

<https://www.historyvictoria.org.au/event/lessons-from-history-colonial-foundations-of-criminal-justice-in-victoria/>

The Seymour We Want AGM Details



Healthy & Successful
Seymour Kids
7.30pm Thursday 30th March

**CREATING
POSITIVE AND
HEALTHY
SPACES FOR
OUR KIDS**

On the panel

- Liz Tregenza
Our Place
- Lucy Linton
Healthy Kids Mitchell
- Jayden Sheridan
Gnarly Neighbours

AGM 2023
the seymour we want
theseymourwewant@gmail.com

7.30pm start at: "Our Place"
Seymour Family & Children's Centre
Stewart Street, Seymour
(part of the Seymour College Campus)

Everyone is welcomed.

Melting Pot

BlazeAid in Seymour

1.30pm Tuesday 4 April 2023

Chittick Place, Seymour

Free and open to the public
Everyone is welcome - Stay for afternoon tea

How does BlazeAid help our community after a disaster?

How do flood-affected people get help?

How does someone become a BlazeAid Camp Coordinator?

What motivates someone to volunteer for BlazeAid?



There are currently four BlazeAid Camps in Victoria, with one at Seymour.

Come along to hear about the work of BlazeAid that grew from Kilmore after the 2009 bushfires to now operating across Australia.

Afterwards meet with the Seymour Camp Coordinator.

Donations to BlazeAid can be made online at blazeaid.com.au or at this event.

Seymour & District U3A

PO Box 767, Seymour 3661 Email: seymu3a@gmail.com Web: www.u3aseymour.org.au

MONTHLY ACTIVITY LIST

All activities are at Chittick Place unless otherwise stated

Week	Day	Time	Activity	Contact	Contact No
1	Monday	10.00am	Bobbin Lace/Craft	Maree Langley	57962337
1	Monday	11.00am	Genealogy (Seymour Lib)	Trish Archer	0409 945 807
1	Monday	9.00am	German Advanced (Seymour Lib)	Trudi Lavoipierre	57992425
1	Monday	10.30am	German Beginners (Seymour Lib)	Trudi Lavoipierre	57992425
1	Monday	12 noon	German Intermediate (Seymour Lib)	Trudi Lavoipierre	57992425
1	Thursday	11.00am	Just Ukes	Moira Maher	0427 991 623
1	Monday	10.00am	Mahjong	Dawn Leece	57921595
1	Thursday	9.30am	Meditation	John Stares	0433 324 607
1	Tuesday	9.00am	Walk & Wonder	Lesley Dalziel	5792 1848
1	Thursday	1.00pm	Wood Working	Michael Coffey	0458 911 191
2	Monday	1.30pm	Jessica's Corral (Anglican Hall)	Jenny Moran	0437 022 301
2	Thursday	11.00am	Just Ukes	Moira Maher	0427 991 623
2	Wed'day	1.30pm	Literature	Trudi Lavoipierre	57992425
2	Thursday	12 noon	Luncheon Group (TBA)	Margaret Flynn	0400 105 425
2	Monday	10.00am	Mahjong	Dawn Leece	57921595
2	Thursday	9.30am	Meditation	John Stares	0433 324 607
2	Tuesday	9.00am	Walk & Wonder	Lesley Dalziel	5792 1848
2	Thursday	1.00pm	Wood Work (Men's Shed)	Michael Coffey	0458 911 191
3	Monday	1.30pm	Book Group (Seymour Lib)	Jenny Moran	0437 022 301
3	Wed'day	1.30pm	Garden Matters (TBA)	Pam Lawler	0437 377 479
3	Thursday	11.00am	Just Ukes	Moira Maher	0427 991 623
3	Monday	10.00am	Mahjong	Dawn Leece	57921595
3	Thursday	1.30pm	Matinee	Trish Archer	0409 945 807
3	Thursday	9.30am	Meditation	John Stares	0433 324 607
3	Tuesday	9.00am	Walk & Wonder	Lesley Dalziel	5792 1848
3	Thursday	1.00pm	Wood Work (Men's Shed)	Michael Coffey	0458 911 191
4	Monday	10.00am	Bobbin Lace/Craft	Maree Langley	57962337
4	Monday	9.00am	German Advanced (Seymour Lib)	Trudi Lavoipierre	57992425
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4	Thursday	11.00am	Just Ukes	Moira Maher	0427 991 623
4	Monday	10.00am	Mahjong	Dawn Leece	57921595
4	Thursday	9.30am	Meditation	John Stares	0433 324 607
4	Wed'day	9.30am	Potted History	Heather Baetge	0419 923 248
4	Tuesday	9.00am	Walk & Wonder	Lesley Dalziel	5792 1848
4	Thursday	1.00pm	Wood Work (Men's Shed)	Michael Coffey	0458 911 191

All notices for the next Noticeboard need to be emailed to U3A
(seymu3a@gmail.com) **and** Heather (123hbee@gmail.com) on or before

April 19th

If you have any photographs of any activities, or busy groups, please email them to
U3A **and** Heather.

Noticeboard will be sent out on **April 24th.**

