



U3A Seymour & District Inc  
Chittick Place, Pollard St,  
Seymour

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## NOTICEBOARD

### April 2022

#### Covid Guidelines

Mitchell Shire

All users of all Mitchell Shire facilities, including Chittick Place, must be fully immunised.

Car Pooling

It is also advisable, that when you are car pooling, the air ventilation be set at external airflow and not recirculation. Wash or sanitise your hands before and after getting in the vehicle. It is advisable that you wear a fitted face mask covering your nose and mouth. It is also advisable that passengers clean and disinfect surfaces in the vehicle which they have touched.

Outdoor Activities

In outdoor settings maintain social distancing where possible.

#### Reports from Groups

##### **Jessica's Corral**

Our singing group has enjoyed two outdoor sessions at Goulburn Park. We took a vote on whether we were happy to resume singing in an indoor setting and most agreed that we could do that. As from last Monday singing sessions are held in the Anglican Church Hall in Anzac Ave 1:30 - 2:30 pm. We need to be there by 1:20 to allow time to set up for the session.

Singing dates for March and April are: March 28th and April 11th.

Unfortunately April 25th is Anzac Day so we will miss that Monday.

Dates for May are : May 9th and May 23rd.

It is so good to be back together in song and we do sound amazing.

*Jenny Moran 0437022301*

##### **Luncheon Club**

We met at The Nagambie Rowing Club for an enjoyable lunch and natter. Numbers were down as life does intervene, Covid even raising its ugly head again , though the patient is now well and truly up and about.

Jenny and Jeff Moran have kindly offered to host the April luncheon at Euroa Hotel, Railway Street, Euroa. The Seven Creeks Hotel luncheon will be later in the year.

Take care everyone, and enjoy your time with U3A,

Regards,

Margaret Flynn

### Matinee

We saw *Vertigo* in March and we will be seeing *Arsenic and Old Lace*, starring Cary Grant, on April 21.



### Potted History

Not a tour of a town this month but a tour of an area. We drove to Molesworth and then headed north to Ruffy. Along this track there were some magnificent views and wonderful forest. We had a morning cuppa at Ruffy at the recreation reserve. We were all amazed at the standard of recreation reserve for such a small community. The actual oval was surrounded by magnificent oak trees which provided wonderful shade and protection from the elements. Does anyone know of any activities still held at this reserve? We then wended our way homewards via Whiteheads Creek.

It is great to see these small communities continuing to thrive and to encourage community involvement.



Admiring the beautiful trees and facilities at Ruffy

### Travellers

#### April 28<sup>th</sup> Excursion

Yarraville and Sun Theatre

Date Thursday, April 28, 2022

Transport 8.16am train to Yarraville

### Walk and Wonder

How long have we been fronting up, nearly every Tuesday morning, for Walk and Wonder? In that time some have fallen by the wayside, but new people have joined us and enriched the group. We have some wonderful knowledge in the group, especially of nature. Each Tuesday we make the final decision, regarding our destination for the morning, based on the weather. Everyone can help choose. Also a big decision...where to have coffee?

Lesley

## New Course/Activity

**Ezine** (Electronic Magazine)

- ✚ April's session: **Using Geology to Read Seymour's Landscape**, a presentation by Peter Mitchell. Hopefully, later in the year, this session will be followed up by a bus tour of the geological features of the area with lunch, possibly at the Tooborac Hotel.
- ✚ For this session on April 19<sup>th</sup> you will need to contact me to get the Zoom link. If you are interested please email me ([123hbee@gmail.com](mailto:123hbee@gmail.com)) to let me know and so that I can email the Zoom link to you.

If you know of a topic or a speaker that would suit this format, please let me know.  
Heather

### Of Importance to All of Us:

#### Aged Care and Our Local Candidates

To encourage the government to maintain its concerns with aged care and provide more resources to ensure the proper and deserved services for the elderly population of this region, Karingal has arranged a public meeting with the candidates for the forthcoming national election for our seat of Nicholls.

The leading candidates - Sam Birrell (Nationals), Rob Priestly (Independent) and Stephen Brooks (Liberal ) have agreed to attend.

**When:** March 28 at 2.00pm

**Where:** Seymour Senior Citizens Club rooms, 80 Anzac Avenue, Seymour.

Anyone with an interest in aged care (home care, residential care, etc.) is encouraged to attend and meet the candidates.

### MONTHLY QUOTE

You cannot control everything that happens to you; you can only control the way you respond to what happens. In your response is your power." — Anonymous

